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INSTRUCTIONS FOLLOWING ROOT CANAL TREATMENT

1. Very often the pain or discomfort you had been experiencing prior to your root canal may, for a short time, be exacerbated. In other words, you may feel worse before you feel better: or you may now have a toothache even though you had none before. This is normal.
2. The large majority of people will be uncomfortable for the first few days; some less so, some more. We cannot predict which category you will fit into.
3. It is important to take the medications, if any were prescribed to you. They can help ward off further infection and discomfort.
4. Unless otherwise instructed, it is best not to chew on the involved tooth for the next week during the healing phase.
5. Over the counter ibuprofen 200mg can help with inflammation and pain.