

Marc D. Cohen, D.D.S.
Jana L. Kaye, D.D.S.
16311 Ventura Blvd, Suite 1250, Encino, CA 91436
(818) 789 0555

USE OF MI PASTE FOR SENSITIVE TEETH OR BLEACHING

Custom tray application:

Extrude paste into the tray and apply paste on teeth.

Leave the tray in the mouth for a minimum of 3 minutes.

Remove the tray.

Use your tongue to spread the remaining paste throughout the mouth.

Retain the paste for as long as possible (1-2 minutes) and avoid spitting and swallowing. The longer the paste and saliva are maintained in the mouth the more effective the result.

Expectorate remaining paste. If possible do not rinse mouth with water.

Do not eat or drink for 30-60 minutes following application.

Any remaining paste in the trays should be rinsed or brushed off under running water immediately after use.

Non- tray application (use as a toothpaste):

Apply a generous amount of paste to the tooth surfaces with a toothbrush.

Brush teeth like normal.

Retain the paste for as long as possible (1-2 minutes) and avoid spitting and swallowing. The longer the paste and saliva are maintained in the mouth the more effective the result.

Expectorate remaining paste. If possible do not rinse mouth with water.

Do not eat or drink for 30-60 minutes following application.

CAUTION: Recaldent™ is derived from milk casein. Do not use if you are allergic to milk protein and/or hydroxybenzoates.